

## at our table

for parents/carers and children (8-12 years) affected by sexual abuse and/or family violence

starting **Thursday 16 April**, 2015 for 10 sessions



When: Thursday afternoons

**Time**: After school, 4–6pm

Where: SECASA, 1 Dandenong

St. Dandenong South

**Booking:** is essential, phone

SECASA 8769 2200

**Enquiries**: Anne 0417 526 636. ariggs@alphalink.com.au. Sheryl

at SECASA 8769 2200

Cost: No cost, basic materials and

afternoon tea supplied

## Some information:

at our table is an exciting new program for parents/carers and children to help families learn and do enjoyable and creative activities together. This time our focus will be on the dinner table – making, cooking and eating!

We will be working with clay, making bowls and mosaic placemats, and books. You will make artworks as a group and also individually. We will teach you how to make and cook delicious food to make and share with family and friends.

We provide a safe space for all our participants. You don't need any experience to join. We will learn together.

The group is run by Anne Riggs, an artist and Sheryl Musgrove, a SECASA counsellor.

Participants will meet with Anne beforehand, so we can get to know each other a little and I can explain about the group.